



Seeking Volunteers/Interns to Lead Cooking Classes with Toddlers

The Children's Aid Society is looking for volunteers to deliver our Go!Kids Cook program to toddlers 2.5 to 5 years old in our early childhood classrooms in Washington Heights, East Harlem, the South Bronx and Staten Island.

The Children's Aid Society helps children in poverty to succeed and thrive. In 2003, CAS launched The Go!Healthy initiative to follow children from infancy through adolescence and beyond, educating them about wellness with nutrition and healthy cooking programs. As part of this initiative, **The Go!Kids Cook Program** aims to help prevent and slow down the rates of childhood obesity in the communities we serve providing wellness education to children in our early childhood centers, through hands-on and fun cooking activities.

Volunteers will be trained in the curriculum and will work collaboratively with the Food and Nutrition staff as well as early childhood teachers to deliver the lessons. Classes will mostly take place in the mornings (9:00 a.m. --11:30 a.m.).

Volunteers must **have culinary experience**, be dynamic, flexible and patient, preferably have some experience teaching young children, and able to commit to teaching at least twice monthly for about six months. Spanish language skills a plus, but not necessary.

There is a possibility to make this position an internship for culinary, college or master's students as well.

If you are interested please send resume to **Juan Carlos Gonzalez** at: juancarlosg@childrensaidsociety.org

Be well,

Juan Carlos Gonzalez
Program Coordinator
Children's Aid Society Go!Kids Program